

TURNING SPRING LEMONS... INTO SUMMER *lemonade!*

THE
STAGE
MUSICAL THEATRE ACADEMY

SUMMER CAMP
GUIDE



FEELING A LITTLE SOUR?

We can't blame you!

2020 has brought some incredible challenges for everyone and we are right there with you!

As a team we decided all we can do is make lemonade with these extra juicy lemons we've been given and we are pleased to present our Summer Camp Guide for Summer 2020!

This guide will walk you through all of the new ideas and important changes to our camps this year! We want every student to have an enjoyable, and of course safe, summer camp experience.

THE PROGRAM:

With the pandemic preventing large gatherings in small spaces we have had to revamp our model. We won't be able to hold our usual Friday performance in order to keep everyone safe but we've devised a great daily schedule to keep our students creative and most importantly, connected, after so many months of being away from their friends.

This year students will be taking part in a Summer Jam style camp where each day is filled with dance, music, theatre and art all focussed around a central theme. Students will move through the day in smaller groups enjoying a variety of activities to delight their creative spirit. With all of the uncertainty in the world we've also introduced yoga and mindfulness activities taught by a certified yoga instructor to help students ease into their summer and find their inner calm.

THE DETAILS

DATES

July 6-10

July 13-17

July 20-14

July 27-31

August 10-14

August 17-20

AGES

all camps are
for ages 6-10
years old

TIME

9am-4:15pm
daily

TUITION

\$329 +gst

discounts for multiple
registrations and siblings

WHAT'S OUR DAY CAMP RECIPE?

MUSIC

Students will enjoy a variety of music games while learning a fun song that they'll be singing all summer long!

DANCE

Is there anything our students need more than some free and creative movement right now? . We will focus on musical theatre style dance which incorporates characterization and basic jazz steps to learn a musical number throughout the week!

THEATRE

Each week small groups will work on scenes, monologues, improvisation and storytelling to present to their groups and of course fun drama games. Your child will glow with confidence and self esteem as they express their creativity. All of these tools can be used in future drama classes or shows, and of course, life!

ARTS AND CRAFTS

Who doesn't love getting their hands a little artsy? Students will participate in different art activities each day and will get to take home their projects to share with you! (once the glue is dry of course).

YOGA MINDFULNESS

We'll round out our program with a few moments throughout the day to take some deep breaths and connect to calm. Students will learn relaxation techniques to carry them through the rest of the summer!

NEED A LITTLE EXTRA SUGAR?

Students and parents will also enjoy:

- a take home art kit to be used throughout the week
- outdoor time in our outdoor "studio"
- a workbook for drawing and activities
- a digital scrapbook to capture memories from your week

***ALL ACTIVITIES WILL FOLLOW SOCIAL DISTANCING PRACTICES TO INSURE SAFETY**

WATCH OUT FOR THE SEEDS!

The best and sweetest thing we can do in this ever changing landscape is provide the most thoughtful safety strategies to help you and your child feel comfortable as the world reopens.

Please know that all of the protocols and procedures that we have listed in this document are for your child's health and safety. If you are not comfortable with the procedures that we have initiated we, unfortunately, are not the place for your child's summer experience this year. We look forward to welcoming you to our camps when we can relax a few structures.

FIRST AND FOREMOST

It is of the UTMOST importance that you understand:

- If your child has a fever or any other Covid symptoms upon arrival when checked by our staff they will not be permitted to enter our space. This is a non-negotiable, full stop, issue. For the safety of other students and our staff we expect that ALL of our parents understand our reasons for committing to this policy with zero room for flexibility.
- If your child develops a fever or other Covid symptoms while at day camp they will be isolated with adult supervision until someone is available to pick them up. Immediate pick up is required in the event your child shows symptoms of illness.
- You have a responsibility when expanding your child's social network to limit risks to other students as best as you can. We are truly in this together and failure to keep a sick child at home has HUGE consequences.

DAILY DUE DILIGENCE

Parents will be required to complete the following each morning prior to dropping off their child.

Self assess your child's health at home BEFORE leaving for the studio. Self assessment is required to insure your child is not attending the camp if they are experiencing ANY of the following symptoms:

- | | | |
|--------------------------------|-------------------------|--------------------------|
| • Sore throat | • Fever | • Vomiting |
| • Runny nose | • Shortness of breath | • Diarrhea |
| • Nasal congestion/stuffy nose | • Sneezing | • Loss of taste or smell |
| • Cough | • Difficulty swallowing | |

Parents will be required to acknowledge that self assessment has taken place either verbally or via written consent

Abide by our parking lot drop off system outlined in the following sections. Parents will be unable to enter the building during pick up and drop off. Staff will facilitate pick up and drop off to insure your child is safely delivered into and out of the building.

DROP OFF PROCEDURE

The first half our class roster (alphabetical by first name) will be dropping off between 8:45-9:00am.

The second half of our class roster will be dropping off between 9:00-9:15am.

If the later drop off time does not work for you please let us know and we will see if we can make appropriate changes.

Parents will be asked to walk their child to the door one at a time from their car or remain socially distant from other parents during drop off.

Students will be released at the door and escorted to their classroom by their teacher.

Our parking lot is going to be busy so where possible walking is recommended or finding parking on Lorne Street or Carnarvon and walking to our parking lot.

PICK UP PROCEDURE

Beginning at 4:00pm students will be released at our door one at a time to parents by their instructor.

Parents are asked to remain socially distant from each other and from the building while students are released to them.

Again, our parking lot could be very busy so please plan to park on Lorne Street or Carnarvon Street for pickup times.

SAFETY IN OUR SPACE

As we try to maintain the most normal of experiences for our students we have created three individual studio spaces to allow students to spread out and maintain distance.

We have also received permission from our neighbours at All Star to utilize four parking spaces as an outdoor space allowing for open air distancing.

Staff have organized flow patterns throughout our space to make sure that we are maintaining social distance as best as possible.

We have arranged with All Star to have all of our students and only our students enter through our door off the parking lot. All Star clients and only All Star clients will have access to the door off of Lorne Street. This will allow us to lock our outside door during class time.

The studios will be taped out so that students can easily maintain social distancing while in their classes.

DAILY CONTACT NETWORK

At The Stage there will only ever be four adults that your child is in closer contact with during the day.

2 instructors (the same each day)

1 assistant (the same each day, may vary week to week)

Studio owner (there's only 1! haha!)

We acknowledge that there will be other adults in the building as All Star operates down the hall from us but they never utilize our studio space. We have also made arrangements for them to utilize the Lorne Street door only to allow us to have private access to the parking lot entrance limiting our shared space.

HAND WASHING

Numerous hand washing times are scheduled 8 times a day and all studios are outfitted with hand wipes and sanitizers for moments when we need them. Hand will always be washed:

- prior to eating
- after eating
- after using the bathroom
- after outdoor time
- after coughing or sneezing
- after art/craft

BATHROOMS

Bathrooms are shared between two businesses. With this in mind regular bathroom breaks are scheduled for our students and unscheduled bathroom use will be accompanied by the instructor, assistant or studio owner to insure that social distancing is maintained.

All Star is very respectful of us and allows us our bathroom breaks without interruption so that it's as fast as possible. We have made this arrangement work for many years with no issues.

Routine cleaning of bathrooms will be done throughout the day.

DAILY CLEANING

We will be conducting enhanced, routine cleaning in the morning, during the day, and after students have been dismissed to ensure that all contact surfaces are adequately cleaned.

We are following the government directives for child care facilities found here.

<https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/covid-19-pho-guidance-childcare.pdf>http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf

WHAT TO BRING EACH DAY

Every student will need to bring only a backpack or lunch kit and water bottle each day.

All supplies used in class will be kept at the studio until the last day of camp.

Students will also need weather appropriate clothing and hats as well as SPRAY sunscreen.

We must insist that absolutely no other personal items from home be at the studio as this complicates storage and also creates more surfaces in our space. This includes books, phones, toys, etc.

SNACK & LUNCH TIMES

Our staff are diligent in checking for allergens in food and will continue to do so. Staff have also completed three online courses for allergy awareness and epi-pen use.

Staff will wear masks and gloves while checking food items for allergens.

As a rule we prohibit

- Peanuts
- Tree nuts
- Seafood

If other allergies are present at your camp we will inform you prior to the start. Any snacks found with allergens will have a note written and it will be returned to your child's lunch kit.

If you use WOW butter or another peanut butter substitute please be sure to include a note in your child's lunch kit indicating this. If we are unsure about what the produce is we will be contacting you before allowing your child to eat it.

MASKS

It will be a decision for you and your child as to whether or not they wish to wear a mask at camp. Information regarding the use of masks in childcare type settings and in general can be found here.

Staff will wear masks when social distancing is not possible (ex//checking snacks and lunches)

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention-risks/masks>

<https://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/covid-19-pho-guidance-childcare.pdf>

A LOOK AT OUR SPACE



OUR COAT ROOM HAS BEEN MOVED INTO A LARGER SPACE TO ACCOMMODATE SOCIAL DISTANCING



STUDIO 1 HAS BEEN TAPED OUT IN 7 METER SQUARES. THERE ARE ALSO ADDITIONAL X'S TAPED FOR EACH STUDENT FOR STATIONARY GAMES.



STUDIO 2 HAS BEEN TAPED OUT IN 7 METER SQUARES. THIS ROOM WILL BE USED ON RAINY DAYS IF WE CAN'T USE OUR FLEXIBLE OUTDOOR SPACE.

STUDIO 3 HAS BEEN TAPED OUT IN 7 METER SQUARES. IT CAN BE USED ON RAINY DAYS AND ALSO SERVES AS OUR TEACHER PREP AREA



A FLEXIBLE OUTDOOR SPACE HAS BEEN CREATED AND UPDATED WITH A NEW FENCE AND SOME GREENERY. THIS WILL BE FOR MANY OF OUR CLASSES ON NICE DAYS! CANVAS MAKES THE GROUND MORE COMFORTABLE WHILE WE PLAY!



HEY PARENTS!...

WE UNDERSTAND! AND WE THANK YOU!

Nothing about the "new normal" is easy or convenient. Even this document had to be several pages long just to make sure you had all the information! We recognize how tiring it can be to navigate the different reopening strategies of various businesses. We thank you for the time you've taken to understand ours. Your child's safety is the most important thing to us. They are the reason we love what we do!

WE CAN'T WAIT TO SEE YOU AT CAMP!

fresh lemonade!

YIELD: 1 1/2 QUARTS

INGREDIENTS

- 1 cup freshly squeezed lemon juice (5 to 6 lemons)
- 1/2 to 3/4 cup superfine sugar, to taste
- 1 cup crushed ice
- 4 cups water

DIRECTIONS

- Place all the ingredients in a blender and process until completely smooth.
- Serve over ice.

Put your glass in the freezer. Run a lemon wedge around the rim of your frosty glass and dip it in sugar before serving! Fancy!



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